



# RHS RUGBY NEWSLETTER



ISSUE 14: 23 MAY 2012

## PRESS CUP

Saturday 19 May 2012

RHS 1<sup>st</sup> XV v Lincoln High @ Gladstone Park

Final Score: RHS 14 Lincoln 9

A very good start from RHS resulted in early try to fullback Jag Love. The ball was spun along the backline from a scrum inside the LHS 22 and fullback Love was played into space by centre Nigel Gibb. Freeman Eder converted the try. The bright start continued but simple errors continued to turn the ball over to LHS. 15 minutes into the half RHS counter-attacked from turnover ball deep in their own half and again centre Nigel Gibb provided the the initial touch with a well weighted chip kick which Fullback Love gathered in and raced away from the Lincoln cover defence to score under the sticks (converted by Freeman Eder).



LHS were not going to let the RHS side run away with the game and slowly they gained parity up front and finished the first half stronger and banked 3 points along the way. The second half started well for Lincoln and despite RHS crossing the line for a try that was disallowed the second half belonged to the visitors. 2 penalties brought them to within 5

points and a real chance to take the game with the final 5 minutes spent on attack. The final play of the game saw LHS drive over the line but were held up by a desperate RHS defence. "While good to get the first win of the season it is important that we find our pre-season form quickly if we are going to compete successfully against some of the stronger sides in the competition. We were lucky to hold on today against a gutsy Lincoln team." Coach Jim Gilbert



Next game: RHS vs Timaru Boys High @ TBHS

Kick-off: 12 noon



## Miles Toyota



## 1<sup>st</sup> XV Fundraising Dinner and Auction



Last Saturday evening nearly 200 people attended the annual 1<sup>st</sup> XV Fundraising Dinner and Auction where guest speaker Richard Loe gave some sound words of advice to the 1<sup>st</sup> XV players and entertained the guests with tales from his playing days. An Auction was held and funds raised will support the 2012 Press Cup campaign. There will be more on the dinner in next week's newsletter.



## RHS 1st XV Player Profile



|                               |                                                                                                                              |
|-------------------------------|------------------------------------------------------------------------------------------------------------------------------|
| Name                          | Jack Harrington                                                                                                              |
| Year at School                | 13                                                                                                                           |
| House                         | Rutherford                                                                                                                   |
| Preferred Position            | Lock                                                                                                                         |
| Previous Club                 | Ohoka                                                                                                                        |
| Rugby player you admire & why | Buck Shelford for playing on with an injury that would have stopped most men!                                                |
| Most memorable Rugby moment   | Training with the Wallabies in Hanmer last year                                                                              |
| Favourite Food                | Lasagne                                                                                                                      |
| Favourite music               | Anything that sounds good                                                                                                    |
| Other sports played           | Touch, Darts, Harness Racing Driver                                                                                          |
| Interests/hobbies             | Harness Racing, NRL Dream Team                                                                                               |
| Other useful info...          | Hoping to go to university studying a Bachelor of Arts majoring in Media and Communication and becoming a Sports Journalist. |

### **Rugby-Specific Nutrition Evening – Sunday 27<sup>th</sup> May 7.00 p.m.**

**RHS Staffroom. Entry by gold coin donation. No RSVP required.**

A rugby-specific nutrition seminar, focusing on 13-18 year olds, will be run on Sunday 27<sup>th</sup> May in the RHS Staffroom. Becky Ward (*Bsc Nutritionist*) is an Otago University trained Nutritionist as well as a personal fitness instructor, and currently works for Complete Performance endurance coaching company and The Recreation Centre at The University of Canterbury.

**RHS 1<sup>st</sup> XV would like to thank both Lyn Sparks and The SportShop Rangiora for donating the 2012 match balls.**



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