



RHS RUGBY NEWSLETTER

Miles Toyota



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Press Cup Game 1: vs Nelson College @ RHS – 3rd May 2014

After a big pre-season programme the players were well and truly ready for the competition to begin. With a number of players returning for a second year of Press Cup rugby the excitement levels were high as the team looked forward to challenging themselves against one of the competition's top sides. Nelson were beaten finalists in 2013 and again look odds on to perform well in 2014 with a large and mobile pack combined with a talented backline. An injury to Captain Luke Ellis in the warm up unsettled the home side but after a poor start, gifting Nelson a soft try from the opening play, the team found their confidence and worked their way into the game. Nelson controlled possession well early on but were faced with a determined Rangiora defence which forced errors and turnover of possession. Both sides pressured throughout the half with Nelson looking the more dangerous with ball in hand. Rangiora grew in confidence as the half went on and despite going down 0-5 in the opening play worked their way to a 6-5 lead thanks to the reliable boot of first-five Scott Allin.



Half time: Rangiora 6 Nelson College 5

The second half started well for the home side and Rangiora enjoyed a period of territorial dominance earning themselves another 3 point penalty. This seemed to spark some urgency in the Nelson side and despite defending well and returning the ball down field Nelson counter-attacked well to nullify Rangiora's territorial game and began to gain the upper hand as the half wore on.



Midway through the half a sustained period of attack resulted in the sizeable Nelson pack driving over for a well constructed try and a 9-10 lead. Nelson's tempo lifted and Rangiora struggled to keep pace despite defending bravely. A third try was scored shortly after and at 9-17 Nelson were in control. Rangiora tried in vain to regain possession and territory despite several brief forays into the opposition half.

With 5 minutes to play Nelson scored their fourth try to seal the victory following more powerful forward running and excellent support play. Rangiora found their focus and with some consistent possession played out the final few minutes on attack. Several line breaks came agonisingly close to a much deserved try but unfortunately it wasn't to be on the day.



The coaches were very proud of the performance as every player in the squad gave it their best. Although we came away with a loss it was a bright start to the season against strong opposition.

Player of the Day: Openside flanker: Cameron Dyer
Principals Pin: First five: Scott Allin
Cap Game: Caleb Wunderink

Final score: Rangiora 9 Nelson 24



Thanks to photographers Trudy McKay and Murray Stirling for the photos in this issue.



1st XV BURNHAM TEAM-BUILDING

On Saturday 26th April, the 1st XV squad travelled to Burnham where they were put through their paces with a strenuous three hours of team-building exercises. This was both mentally and physically challenging, and the players had to dig deep to survive this testing three hour challenge. This brought to a close the pre-season preparation for 2014.



CBHS International Rugby Festival

Over Easter, both the 1st and 2nd XVs competed in the CBHS International Rugby Festival. Below some photos and results from this tournament, which attracts a large number of teams from the North Island and overseas.

1st XV vs Aorere College 6-5



1st XV vs Westlake Boys' High School 14-36



1st XV vs Rathkeale College 14-5



**2nd XV vs Knox Grammar School
0-32**



**2nd XV vs CBHS U18
22-19**



2nd XV QUIZ NIGHT – Monday 19th May

The 2nd XV Quiz Night is coming up fast. This is being held to raise funds to assist towards the season costs of the new Saturday 2nd XV team. There are still a few team places left, so get together a team of 6-8 people and sign up/pay at the Payments counter in the Student Office or call Sarah on 0274 306 153.



**The
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Last Saturday 3rd May, the 2nd XV beat Waihora 17-12 in a home game.



GAMES THIS WEEK

This Saturday the 1st XV travel to Timaru to play Roncalli College, kick-off 12 noon. The 2nd XV play Oxford/Woodend at Oxford, kick-off 1.00 p.m.



SOUTHERN TOUR

At the end of last term, the 1st XV travelled to Alexandra and Oamaru, to play Dunstan High School and Waitaki Boys College respectively. A few photos of the game against Waitaki Boys are below.



Parents and friends of RHS Rugby – tickets are now available for the 1st XV Dinner and Auction on Saturday 31st May.

Tickets available through 1st XV players, or contact Sarah on 311 8888 ext 2190.

RHS 1st XV Player Profile: Luke Ellis (Captain)



Name	Luke Ellis
Year	13
House	Hillary
Preferred Position	Prop
Previous Club	Kaiapoi
Rugby player you admire & why	Owen Franks because of his high training standards and Wyatt Crockett for his scrum technique
Most memorable Rugby moment	Beating StAC last year
Favourite Food	Sushi
Favourite music	Anything
Other sports played	Clay Shooting, Touch
Interests/hobbies	Hunting, Shooting, Training

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